

# Ruth Kennedy

Call: 2015 England & Wales Call: 2025 BVI

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Ruth specialises in all areas of commercial, employment, human rights, international, public and sports law.

She acts in the most high-profile and complex cases. She is consistently recognised in the legal directories as a leading junior across her areas of practice: in administrative law, civil liberties and human rights; commercial dispute resolution; employment, public inquiries and sport.

She has been described as *"a real star of the future and a star of the junior bar already", "absolutely fantastic", "a superb advocate", "a real rising star", "a brilliant barrister", "brilliant in everything she does", "exceptionally hard-working", "a pleasure to work with" and having "superstar quality."*

A member of both the Attorney General's London B panel and specialist Public International B panel, Ruth has acted and appeared in various domestic courts and tribunals up to and including the Supreme Court, as well as international courts including the DIFC, European Court of Human Rights and the International Court of Justice. She has experience of acting in arbitrations under the LCIA, ICC and UNCITRAL rules and under specialist sports arbitrations.



***Ruth is a diligent and exceptionally hard-working junior barrister with a formidable work ethic and attention to detail. She is a real rising star in the field of administrative law.***

CHAMBERS UK 2023

# Expertise

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## Employment

She is recognised as a leading junior in Chambers & Partners, Legal 500 and Doyle's Guide.

Ruth is an experienced employment practitioner who regularly appears in the Employment Tribunal, High Court, the Employment Appeal Tribunal and in arbitrations under the LCIA, ICC and UNCITRAL rules. She has particular experience of acting in applications for injunctive relief including springboard injunctions and acting in "team move" litigation.



***Excellent with clients***

CHAMBERS & PARTNERS

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### C v D

(2025)

acted for the Defendant in anti-anti suit proceedings before the Commercial Court

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### Former CEO/Team Principal v Leading F1 Team

(2023)

Acting for a Formula 1 team resisting High Court claims in relation to constructive dismissal and shares brought by former CEO

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### Guy Carpenter v Howden

(2023)

acted for Guy Carpenter in High Court team move litigation against Howden and certain of its former employees

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### Hughes v Virgin Active

[2023] EAT 130

acted for the successful appellant overturning findings of race discrimination

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### Wathan v Welsh Rugby Union

(2022 – 2023)

acted for the Welsh Rugby Union defending allegations of sex discrimination from its former head of Women's Rugby

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### X v Reverend Martyn Percy and Christ Church College

(2021 – 2022)

acted for the Claimant bringing allegations of sexual harassment against the former Dean of Christ Church College, Oxford University

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## Aquinas v Miller and others

[2018] EWHC 404 (QB)

sole counsel for the first and second defendants resisting  
an application for a springboard injunction

## Achievements

## Appointments

Attorney General's London B panel

Public International Law B panel

## News, Articles & Publications

*The ECHR Grand Chamber judgment in Semenya v Switzerland and its wider impact on international sport*, co-authored with Chris Lavey of Bird & Bird, Law in Sport, 3 October 2025

*For Women Scotland Ltd v The Scottish Ministers and Haynes v English Blackball Pool Federation: considerations for sports organisations*, co-authored with Rachel Nolloth and Siobhan Murray of Farrer & Co, 22 September 2025

*Conveyancing fraudsters – who picks up the bill after P&P & Dreamvar?* Journal of Professional Negligence, December 2018

*Pure omissions and public authorities*, Personal Injury Law Journal, May 2018

*Unlawful fees & Out of time claims*, New Law Journal, September 2017

*Clarity provided for insurers aggregating claims*, Insurance Day, August 2017

*The Scope and Effect of Purdah*, Judicial Review, December 2017

*The Scope and Effect of Purdah*, Judicial Review, December 2017

## Education, Scholarships & Awards

BA (Hons) Pembroke College, Oxford University LLM (Distinction) University College London

Lord Justice Holker Award (Gray's Inn) Residential Scholarship (Gray's Inn)

Lee Essay Prize (second place, Gray's Inn) Advocacy Scholarship (University of Law) Monk Prize (Pembroke College)

Hogan Lovells Prize for Law (Pembroke College)

South Eastern Circuit Florida Bar Civil Advocacy Course

## Memberships

ALBA  
COMBAR  
LawInSport  
BASL  
ELA

## Additional Information

For the legal year 2016-2017 Ruth was Judicial Assistant to Sir Terence Etherton, Master of the Rolls. Prior to becoming a barrister, Ruth was a Research Assistant to Professor Philippe Sands KC working on public international law, ICSID Arbitrations and Court of Arbitration for Sport cases. She also previously worked as a Research Associate at UCL's Judicial Institute and a Teaching Fellow in public law at UCL.



***She is a superb operator, being technically excellent but also hard-working and hyper commercial and practical.***

LEGAL 500 2025



***A cerebral and hard-working junior with extensive expertise in issues of public and private international law.***

LEGAL 500 2021



***She's a pleasure to work with: insightful and extremely responsive."***  
***"She is very calm, personable and thorough.***

CHAMBERS UK 2021



***Ruth is very commercial and cuts through to the key issues for clients. Ruth is also incredibly personable.***

LEGAL 500 2022



***An up and coming star. Brilliant in everything she does, and so user friendly.***

CHAMBERS UK 2022



***She is good at cross-examination and client management, and her presentation of a respondent's case to the client is respectful of their experiences.***

CHAMBERS UK 2022



***Ruth is a highly intelligent, all-round impressive lawyer, who works well on her own or as part of a large team. Ruth is a clear and persuasive advocate.***

LEGAL 500 2023



***Ruth is a diligent and exceptionally hard-working junior barrister with a formidable work ethic and attention to detail. She is a real rising star in the field of administrative law.***

CHAMBERS UK 2023



***Ruth is excellent – she is commercial and practical in her approach and her advocacy is concise and considered. Ruth also has exceptional client-care skills and very much works as a team with instructing solicitors to deliver for the ultimate client.***

CHAMBERS UK 2023